

California State University, Los Angeles
Department of Theatre and Dance
DANC 1000-01, Beginning Ballet, Fall 2022

COURSE INFORMATION

Instructor Information

Instructor: Francesca Jandasek

Office Location: ZOOM

Telephone: 323.343.4110

Email: fjandas@calstatela.edu

Office Hours: Wednesdays 7:30 - 8:00 am and 9:45 - 10:15 am and by appointment via ZOOM. Please e-mail instructor to schedule.

Link to join: <https://calstatela.zoom.us/j/93008234240>

Meeting ID: 930 0823 4240

Meeting Password: 493474

General Course Information

Class Days/Time: MW 8 – 9:40 am / In Studio KH 5108 & Online / SEE Semester-At-A-Glance below for schedule.

Link to join: <https://calstatela.zoom.us/j/92541036153>

Meeting ID: 925 4103 6153

Meeting Password: 862561

Syllabus

This syllabus is a contract. By taking this class, you are accepting this syllabus and agreeing to the terms of grading, attendance, participation, fundamental principles, and workload as set out herein.

Course Description

University Catalog Description: Students develop technical skills at the beginning ballet level and increase technical proficiency in ballet vocabulary and knowledge of historical developments. May repeat to 6 units.

This course is an introduction to the concepts and vocabulary at the foundation of ballet technique. The main emphasis is placed on integration of the body, locomotor skills, dynamic variety, musicality, and artistry. The intention of this class is also to cultivate a deeper appreciation and understanding for the art of dance.

The class will consist of:

- Warm up and dance conditioning
- Barre exercises and combinations
- Center exercises and combinations
- Locomotor exercises that synthesize concepts explored at the barre.
- Viewing videos and learning about ballet performance, history, anatomy and physiology, etc.

Student Learning Objectives

Upon successful completion of this course, students will be able to:

- Identify major developments in the history of ballet
- Recognize important components within the culture and etiquette of dance and dance training
- Demonstrate the fundamental positions, shapes, and movement vocabulary of ballet
- Demonstrate proper classical/balletic alignment
- Learn and re-present a sequence of movement and shapes in space and time

Course Structure

This course is to be conducted on Mondays and Wednesdays. You will participate in the course face-to-face and using Cal State LA learning management system [Canvas](#). Please see the SEMESTER-AT-A-GLANCE schedule for when classes take place as IN STUDIO (face to face), VIRTUAL(Synchronous ZOOM) Classes, or ASYNCHRONOUS classes.

REQUIRED COURSE MATERIALS

Textbook

Required Text

Grant, Gail. *Technical Manual and Dictionary of Classical Ballet*. Dover Publications, New York: 1982.

ISBN: 9780486218434

Optional Text

Franklin, Eric. *Conditioning for Dance: Training for Whole-Body Coordination and Efficiency, Second Edition*. Human Kinetics, Champaign, IL: 2019, 2004.

ISBN-13: 978-1492533634

ISBN-10: 1492533637

Other Readings

Additional text and video resource links will be available on CANVAS.\

The textbook for this course can be purchased at the University Bookstore, online, and just about anywhere. If interested, you may order from one of the following Black-owned bookstores:

[Eso Won Books, Los Angeles](#)

[The Lit Bar: Bookstore and Chill, New York](#)

Class Materials

Movement clothes (leotards, tights, leggings, unitards, form fitting stretchy pants/shirts)

Ballet Shoes are required for this class. My favorite brands are Blochs and Capezios. Please check sizing as the size really varies from street shoes. Students may also want to have towels, first aid kit, and any other equipment/supplies that are deemed necessary for full participation. Please see dress code section in Syllabus for more information.

Props (to bring to class):

- [Tennis Ball](#)
- [Long, Wide, Stretchy Resistance Band](#)
- [Yoga Strap](#)

OPTIONAL Props: You may want to have the following for homework conditioning exercises - but you won't have to bring these materials to class.

- [Medium-Sized Exercise Ball](#)
- [Two Yoga Blocks](#) (or two thick books of the same size).
- [Yoga Mat](#) or Towel (to put on the floor for comfort)
- [Small Thick Rubberband](#) (for example, the type you get from around a bunch of broccoli)
- [Two 2lb weights](#) (or cans of identical size)
- [Space to Move:](#) Students will find it helpful to have a physical space prepared where they can move comfortably, standing, seated, and lying down to practice dance conditioning and ballet material outside of class.

Movement clothes and props can be purchased online through the links above. You may have some of them at home already and you can also use the alternatives listed next to the item. Some of these materials may also be found at TJ Maxx, Dick's Sporting Goods Store, Big 5, Marshalls, and other department stores.

Discount Dance Supply (www.discountdance.com) has a wide variety of dance-wear and they ship quickly. Students may also be able to find proper attire on Amazon (<https://www.amazon.com/>). Ballet shoes and dance attire can also be found at [Bloch](#) and [Capezio](#).

There are some stores where students can also go in person (make sure to call them, check their hours, and make sure the location is still accurate):

[Discount Dance Supply, 5037 E Hunter Ave., Anaheim, CA 92807, \(714\) 999-0955](#)
[Danny's Warehouse, 1202 N La Brea Ave, Inglewood, CA 90302, \(323\) 954-8973](#)

Computer Requirements

Minimum Technology Skills

- Regularly checking your official calstatela.edu email account and Canvas.
- Creating PDF files and sharing/sending them.
- Understanding of web browsers and using free applications.
- Creating, saving, locating, and opening different types of files on a computer.

Computer Requirements

- A computer with an up-to-date browser and operating system, ZOOM, [Adobe Acrobat Reader software](#), and Word Processing software, such as Word.
- Reliable access to a high-speed Internet connection (DSL, cable, on-campus wifi, etc).
- Access to a webcam and microphone for participation in online meetings.
- Equipment with which you can take a video and upload it (to Studio on CANVAS or Vimeo) – such as a cellphone.
- If it is necessary during the semester for students to take synchronous movement classes on ZOOM, they will need to see instructor’s demonstration of dance steps. A device with a larger screen will make it easier to see instructor’s demonstration.

Computer Programs Required

- You will need access to a web browser, Canvas, and Zoom for class meetings.
- We will be working in Word Processing (MS Word).
- Some of the documents in this course will be available to you in PDF form. You will need to download and install [Adobe Acrobat Reader software](#) on your computer.
- All of the programs that you need for this class are available through the MyTools portal at MyCalstatela.edu

Information about using MyTools and more can be found at the [ITS Resources for Students website](#).

For assistance, contact the [ITS Helpdesk](#).

COURSE POLICIES

Course Requirements

Participation

Full participation is required in all classes.

Face to Face Classes: IN STUDIO Ballet classes focus on practicing ballet technique. Ballet classes provide kinesthetic awareness of ballet movement as well as technical skill acquisition and practice. Technique improves by attending and actively participating in class. Students enrolled in this course are expected to participate fully throughout the entirety of each class period. Students should be on time and prepared for each class. Being attentive, applying instructor feedback, keeping an open mind, and maintaining a positive attitude will help the student earn the highest marks for participation. Because dance is physically demanding, each student is responsible for notifying dance instructors if/when a physical condition or previous injury prohibits full participation in a dance activity class. Dance students are expected to maintain good health and conditioning by eating properly, sleeping as much as possible, cross-training as appropriate and allowing some time for care of

mind, spirit, and body.

Sign in for Synchronous Classes: The ZOOM classroom will be open 10 minutes prior to class and will stay open 10 minutes after class. Student will sign in by writing full name into the chat option upon entry to ZOOM classroom and at the end of class. It is the student's responsibility to sign in. **If student does not sign in at the beginning and at the end of class, student will be marked as absent.**

Asynchronous Classes: (in other words "not synchronous, not live or happening in real time"). During asynchronous classes, students will complete video viewing assignments (ballet performances, anatomy/physiology, ballet history lectures), conditioning (stretching, injury prevention, pilates, and Gyrokinesis exercises), self-Ballet practice, written work, and participate in discussion boards. **In order to receive credit for attendance for the asynchronous classes, student must submit assignment for that day to CANVAS on time and in accordance to the directions.**

Attendance

- Students are expected to attend every scheduled meeting of this class and participate fully.
- Students are expected to be on time.
- Attendance will be taken at the start and end of class for IN STUDIO classes. For Synchronous ZOOM classes: Student must sign in by writing full name into the chat option upon entry to ZOOM classroom and at the end of class. If student does not sign in at the beginning and at the end of class, student will be marked as absent.
- Each class attended = 3 points. (if you are not there, then 0 points for the day, unless excused)
- A late arrival drops that day's total to 2 points. Students who arrive/sign-in after the start of class time will be marked "tardy".
- Three "tardy" arrivals will count as one absence.
- Students who arrive more than 30 minutes late will also be considered absent.
- Students who leave early for class will be marked as a "leave early" and receive only 2 points.
- Three leave early's will count as one absence.
- Observations Days (with completed Observations Assignment) are worth 2 points.
- Three Observations Days equal 1 absence.
- After 2 unexcused absences, each subsequent absence **will result in your final course grade being lowered a half-letter grade.**
- An excused absence is one clearly defined by the [University Missed Class and Make-up Policy](#).
- In order to receive credit for attendance for the asynchronous classes, student must submit assignment for that day to CANVAS on time and in accordance to the directions.
- **PLEASE talk to Instructor if you are having issues attending for ANY reason. This is a crazy, unpredictable time, and the Instructor is happy to work with you.**

Absences: Two excused absences are allowed, only for reasons of illness or injury, and only when documentation is provided (via e-mail). Documentation could be a doctor's note or another record of an emergency, death, or injury. In cases of illness or injury needing more time for recovery beyond the excused absences, the instructor will discuss options for continuing or dropping the course with you. **Any additional absences will result in your final course grade being lowered a half-letter grade for each additional unexcused absence.** Informing the instructor that you are going to be absent does not make an absence excused. Student must provide appropriate documentation. Students who arrive more than 30 minutes late will also be considered absent. This policy is in compliance with University policy on absences. According to University policy, there are extenuating circumstances that define excused absences in cases such as athletic team events, loss of a family member, religious holidays, etc. If the student feels that she/he will miss a class that falls into this category, the student should immediately meet with the instructor to arrange completion of missed assignments, prior to that absence. Students can review university absence policy in the CSULA catalog.

Tardiness/Leaving Early: Tardiness and Leaving Early will affect the student's participation grade. Student who arrives/signs in after the start of class time will be marked "tardy". Three "tardies" will count as one absence. It is the student's responsibility to inform the instructor of late arrival at the end of class. If student does not do so, the instructor cannot guarantee their attendance mark will be changed from "absent" to "tardy". Students who leave early for class will be marked as a "leave early". Three leave early's will count as one absence. Instructor reserves the right to make exceptions as necessary. Students who arrive more than 30 minutes late will be considered absent. Arriving late or leaving early on a regular basis is not an option. If you have another class before or after this class, plan accordingly. Each class session is a full hour and forty minutes. If this is an issue, student may need to drop the class.

Observations: If student is injured or sick and cannot physically participate in class that day, student has the option to do an "Observation" Assignment (available in CANVAS) while watching class (Student must be present for entire class). Students receive 2 points for Observation Days. Three observations will count as one absence unless the student presents a written notice (via e-mail) from a physician before the beginning of the class stating s/he may not participate in any physical activity. Students who observe all or part of a class must submit the online Observation Form to CANVAS. This form is due online on CANVAS by the next class meeting and if not submitted or does not meet the above criteria, the observation will receive a 0. Even with a complete submission, students can only receive partial participation credit (2 points for the day).

Dress Code

Dress codes are established as a professional standard of practice and represent a sense of respect for the instructor and the art form of dance. Please be responsible about your attire as required.

Leotards, tights, leggings, unitards, and/or form fitting pants/shirts are acceptable attire for this course. Flat ballet shoes are mandatory. No overly baggy clothing, jeans, belts, shoes, or socks are worn in the classroom. No dangling earrings and no excessive jewelry. Hair must be pulled back and neat. No ponytails or hair in face allowed. If you are not dressed for class, one participation point will be deducted from your grade that day.

Students are required to supply their own towels, first aid kit, and any other equipment/supplies that are deemed necessary for full participation.

Technique Class Etiquette

- Do not chew gum or eat any other food while dancing. This is a safety hazard! You may have water.
- Come to class fully prepared (specified attire, hair properly secured, etc.) and on time to begin warm-up. Warm-up and “centering” is encouraged before class. Instructor will provide warm-up and centering exercises and videos at the beginning of the semester to give students material to warm up before class on their own.
- If you must arrive late for an unexpected reason, instructor permission to participate in class should be obtained.
- Please do not leave a class in session (unless it is an absolute emergency or your instructor has granted advance consent) until the instructor has dismissed you. If class inadvertently runs over time, you may slip out quietly to meet an immediate commitment.
- No talking in class please! Questions should be addressed to the instructor. If the instructor is coaching an individual student between an exercise, watch and listen; it is part of the educational process. Be courteous to the instructor and other students by not talking or dancing at an inappropriate time. The student should only practice what is being worked on at the time.
- Good grooming and personal hygiene is expected.
- For in-person technique classes, please put all electronics away for the duration of the class. If we are using electronics (cellphone, computer, tablet, etc...) for a ballet class activity, please use these electronics ONLY for this purpose during class time. Repeated violations will result in loss of participation points and potential removal from class.
- Please be supportive of all students/professors/guest teachers in class. Treat everyone with respect and dignity. If you are not supportive, respectful, or appear to have a negative attitude in class you will be asked to leave class for that day. If the behavior continues you will be asked to drop the course and the department chair will be notified.
- This class has some written assignments, video viewing, and movement homework. The majority of your homework is to review and practice material presented in class at home.
- Please note that physical, hands-on corrections will be necessary to supplement verbal corrections. If you have any concerns regarding this policy, please let the instructor know as soon as possible. Conditioning work (with therabands, yoga straps, etc) will also be part of the class to enable students to receive similar sensory

cues to physical and hands-on corrections.

Student Conduct: Violence-free no-discrimination zone: In this class, we will be creating a supportive and safe atmosphere. Inflammatory racist, homophobic, sexist, classist, and discriminatory language or behavior will not be tolerated. Violence is not only physical; we can harm people with our words and attitude. Our classroom is a violence-free zone, and any student who cannot abide by this baseline rule will be asked to leave.

COURSE COMMUNICATION

Communication

Cal State L.A. officially communicates to students using **electronic mail (e-mail)** and other methods. Students are expected to access their Cal State L.A. e-mail account on a regular basis so that official university, college and department communications are delivered and received in a timely manner, and students do not miss important communications.

Interaction with Instructor

The Instructor will make every effort to communicate frequently with students through announcements and postings within CANVAS. Please communicate any questions or comments you have about the course content and/or requirements via email at fjandas@calstatela.edu, during class, or during office hours. Questions of a more personal nature can also be sent to instructor via email or discussed during office hours.

Questions

In online courses it is normal to have many questions about things that relate to the course, such as clarification about assignments, course materials, or assessments. Please post these in the *Muddiest Point* discussion.

Netiquette

When posting on the discussion boards and chat rooms it is important to understand how to interact with one another online, *netiquette*. You can read more about the rules of netiquette at [15 Rules of Netiquette for Online Discussion Boards](#).

Virtual Office Hours

The instructor will be available for virtual office hours using **Zoom Meeting** on Wednesday mornings 7:30 - 8:00 am, 9:45 - 10:15 am, and by appointment. The link will be available in our Canvas course for easy access.

Turnaround/Feedback

During the week, the Instructor will check e-mail messages and monitor the *Muddiest Point* discussion. If you have a concern and send the instructor an email message, you can expect a response within two week days.

ASSIGNMENTS AND GRADING POLICY

Assignments

All assignments must be turned in on time. All assignments must be neat, accurate, and complete in accordance to directions laid out in CANVAS. All assignments must be submitted electronically as per instructions.

Daily Assessment / Class Participation (30% of grade)

The major allocation of your grade is based on the daily assessment. This includes all of the stated elements above in a cumulative whole.

For Face-to-Face and Synchronous ZOOM Classes

Students may earn 3 points per class for the following:

1. **Participation (1 point):** See "Participation" under Course Requirements Section for more details.
2. **Following Dress Code (1 point):** See "Dress Code" under Course Requirements Section for more details.
3. **Following Technique Class Etiquette (1 point):** See "Technique Class Etiquette" under Course Requirements Section for more details.

If you are absent, you will not be able to earn that day's daily assessment points. If you are tardy, or if you leave early, you will lose one of the three daily assessment points.

For Asynchronous Classes ("not synchronous, not live or happening in real time"):

To receive all three participation points for an asynchronous class day, student must submit assignment for that day to CANVAS on time and in accordance to the directions.

Homework (10% of grade)

Homework assignments will consist of the following: reviewing syllabus, learning about ballet history, viewing inspiring ballet videos, learning ballet vocabulary (and viewing examples), doing movement conditioning (Pilates and Gyrokinesis exercises, Ballet Barre, Strengthening and Stretching), practicing ballet steps, and completing quizzes, exams, surveys, and written work. The purpose of the homework assignments is to deepen your understanding of the art and technique of ballet.

Ballet Terminology Quiz (10% of grade)

Students will be tested on their knowledge and understanding of ballet terminology as well as selected general dance terms. A vocabulary study list will be provided on CANVAS by the instructor. You will need to use the required class textbook as well as text and video resources on CANVAS to study for this quiz.

Dance Concert Attendance and Performance Response (15% of grade)

You are required to see a dance performance this semester. You must see dance

performance (online) to complete this requirement. A list of online performance options will be provided on CANVAS.

After watching the performance, please follow the Dance Performance Response directions found on CANVAS to write the Dance Performance Response Paper and then submit finished paper through CANVAS. LATE ASSIGNMENTS WILL NOT BE ACCEPTED! Assignments must be submitted as pdf on CANVAS.

Midterm Movement Exam (15% of Grade) and Final Technical Combinations/Movement/Written Exam (20% of Grade)

Students will perform exercises that will be videotaped. Exercises will be taught during class time and will require some outside preparation. Students will be responsible for learning material on their own if absent. Exercises will be graded based upon knowledge of movement material, correct technique and rhythm/musicality. The midterm and final combinations will be posted in CANVAS for students to review their progress. Students will analyze their performance in the video according to the Midterm/Final Rubric and complete a Self-Assessments which they will turn in on CANVAS. Failure to turn in Self-Assessments will result in a 0 on the Midterm / Final Movement Exam. The guidelines and rubrics will be posted on CANVAS. Movement exams cannot be made up in the event of absence. Extraordinary circumstances will be dealt with on a case-by-case basis. The Final Exam will also have a written portion. Please see Semester-At-A-Glance for more details.

Extra credit opportunity (3% Extra)

Extra Credit Dance Performance Response – you may receive extra credit (an extra 3% added onto the final grade) by attending one performance at the [CSULA Department of Theatre and Dance](#) and submitting an Extra Credit concert response to CANVAS. This response must be submitted no later than 5 school days after the performance. LATE ASSIGNMENTS WILL NOT BE ACCEPTED!

Note: Extra credit does not excuse an absence nor does it take away an absence at the end of the semester.

Information about the Department productions can be found on the [Department Website](#) .

Grading Breakdown

Daily Assessment / Class Participation	30%
Homework	10%
Ballet Terminology Exam	10%
Dance Concert Attendance and Performance Response	15%
Midterm Combinations/Movement Exam/Self-Assessment	15%
Final Combinations/Movement/Written Exam/Self-Assessment	20%
TOTAL:	100%

Grading Scale

A (90% - 100%) - Exceptional Work

Course requirements are consistently completed with excellence. Student sets excellent and consistent example in following all class etiquette. Student takes exemplary actions which express continuous and careful consideration for instructors and peers. Student dynamically challenges the level at which one functions with ease and familiarity.

B (80% - 89%) - Good work

Course requirements are consistently completed well. Student sets good consistent example in following all class etiquette. Student takes above average actions which express continuous and careful consideration for instructors and peers. Student actively challenges the level at which one functions with ease and familiarity.

C (70% - 79%) - Average Work

Course requirements are completed at a base level. Student is demonstrating class etiquette at a base level. Student takes moderate actions which express continuous and careful consideration for instructors and peers. Student occasionally challenges the level at which one functions with ease and familiarity.

D (60% - 69%) - Poor Work

Student is inconsistent in meeting course requirements and class etiquette, and is not demonstrating investment to make substantial improvement.

F (0% - 59%) - Unsatisfactory Work

No credit.

Rubrics

All assignments and exams will be graded according to a rubric. All rubrics will be posted on CANVAS ahead of time.

Grades

You can view your grades using the GRADES button in the Canvas course navigation. Please check your grades regularly to make certain that Instructor has received of all your assignments. If you have a question about a grade, email Instructor at fjandas@calstatela.edu. Please do not post your personal concerns in a discussion forum. For more information, go to: [Canvas Basics Guide](#).

HELPFUL STUDENT RESOURCES

Technical Resources

Information on Cal State LA technical support resources for students: [Technical Support Resources](#)

Student Support Resources

Information on Cal State LA student support resources for students: [Student Support Resources](#)

Academic Support Resources

Information on Cal State LA academic support resources for students: [Academic Support Resources](#)

Center for Academic Success

The Center for Academic Success (CAS) supports all students throughout their educational journey. You are encouraged to visit a CAS tutor for STEM, social science, or writing tutoring early in the semester. The academic services CAS provides are inclusive, engaging, challenging, and impactful. CAS tutors offer a one-on-one opportunity to discuss your assignments and will provide you with tools to become an independent scholar. The appointments are 30 minutes long. Log on to the Student Success Collaborative portal [to make an appointment online](#).

Canvas Student Support

Information for students on how to be a successful online student and how to use Canvas:

- [Canvas Student Guide](#)

Glazer Family Dreamers Resource Center

The [Erika J. Glazer Family Dreamers Resource Center](#) promotes the success of undocumented students and students from mixed-status families at Cal State LA through a variety of resources, services, and community engagement opportunities. Such programs and services are weekly immigration legal clinics, California Dream Act Application for Financial Aid Assistance, and professional and academic development workshops.

UNIVERSITY POLICIES

Student Conduct

Information on student rights and responsibilities, standards of conduct, etc., can be found by visiting the Cal State LA [University Catalog Appendices](#).

Dropping and Adding

Students are responsible for understanding the policies and procedures about add/drops, academic renewal, etc. Students should be aware of the current deadlines and penalties for adding and dropping classes by visiting the [GET home page](#). (Registrar news and information)

Americans with Disabilities Act (ADA)

Reasonable accommodation will be provided to any student who is registered with the Office of Students with Disabilities and requests needed accommodation. For more information visit the [Office for Students with Disabilities](#) home page.

Academic Honesty

Many incidents of plagiarism result from students' lack of understanding about what constitutes plagiarism. However, you are expected to familiarize yourself with the [Cal State LA Academic Honesty Policy](#) including [Appendix D – Academic Honesty](#) and [Appendix E - Student Conduct / Student Conduct Procedures](#). All work you submit must be your own scholarly and creative efforts. Cal State LA plagiarism as follows: "At Cal State LA, plagiarism is defined as the act of using ideas, words, or work of another person or persons as if they were one's own, without giving proper credit to the original sources."

In this course we will utilize turnitin.com, an automated system which instructors can use to quickly and easily compare each student's assignment with billions of web sites, as well as an enormous database of student papers that grows with each submission. Accordingly, you will be expected to submit all assignments in both hard copy and electronic format. After the assignment is processed, as an instructor I receive a report from turnitin.com that states if and how another author's work was used in the assignment. Please visit the [Turnitin Student FAQ](#) page for more information.

Students agree that by taking this course all required papers may be subject to submission for textual similarity review to Turnitin.com for the detection of plagiarism. All submitted papers will be included as source documents in the Turnitin.com reference database solely for the purpose of detecting plagiarism of such papers. You may submit your papers in such a way that no identifying information about you is included. Another option is that you may request, in writing, that your papers not be submitted to Turnitin.com. However, if you choose this option you will be required to provide documentation to substantiate that the papers are your original work and do not include any plagiarized material.

Incidents of cheating and plagiarism will be taken seriously by the Department of Theatre and Dance. In accordance with the University Policy, consequences for

cheating and plagiarism may include receiving a zero (0) for the specific demonstration of competence, a failing final grade for the entire course, or referral to the Office of Judicial Affairs for possible probation, suspension, or expulsion (see [Cal State LA Academic Honesty Policy](#)). In fairness to all students and the grading process, please refrain from plagiarism or cheating.

MASK MANDATE

Returning to campus and in-person instruction will be a transition for all of us, but we will navigate it together. Please know that your safety and your learning are a priority. As a reminder, the CSU requires all faculty, staff and students who are accessing University facilities to be fully vaccinated and boosted against COVID-19 by the start of the semester, unless you have an approved exemption. Face coverings are required at Cal State LA while indoors. Accordingly, all students are required to wear an appropriate face covering that covers the nose and mouth in order to participate in this course. Wearing a face covering outdoors when in a group or populated area is also recommended.

Find more details about campus COVID-19 protocols and answers to frequently asked questions on Health Watch (Links to an external site.). Policies and requirements regarding COVID-19 may change based on campus, local, state and/or federal guidelines; the Health Watch page is the best resource for current Cal State LA information.

CHANGES TO SYLLABUS

The syllabus is subject to change in the event of emergencies or unforeseen circumstances at instructor's discretion. Any modifications will be discussed in class and posted on CANVAS.

SEMESTER-AT-A-GLANCE / Important Dates and Assignments

The schedule is subject to change in the event of emergencies or unforeseen circumstances at the instructor's discretion. Any modifications will be discussed in class and posted on CANVAS.

ALL CLASSWORK / HOMEWORK / ASSIGNMENTS are posted in the Weekly Modules section with exact due dates and times.

<u>Week</u>	<u>Date/Time</u>	<u>Class Schedule of Activities / Homework / Assignments</u>
Week 1 8/22 - 8/28	M 8/22	IN STUDIO Ballet Class Homework: Familiarize yourself with course / Purchase class materials / READ Syllabus
	W 8/24	IN STUDIO Ballet Class Homework: Technology Survey / Syllabus Quiz DUE
Week 2 8/29 - 9/4	M 8/29	IN STUDIO Ballet Class Homework: Conditioning / About Ballet Part 1 (Origins)
	W 8/31	IN STUDIO Ballet Class Homework: Introduce Yourself / Video Submission: DUE
Week 3 9/5 - 9/11	M 9/5	LABOR DAY! NO SCHOOL!
	W 9/7	IN STUDIO Ballet Class Homework: Conditioning / About Ballet Part 2 (Romantic) / Romantic Era Quiz DUE
Week 4 9/12 - 9/18	M 9/12	IN STUDIO Ballet Class
	W 9/14	IN STUDIO Ballet Class Homework: Conditioning / Ballet Positions Practice Video / Foot & Ankle Quiz DUE
Week 5 9/19 - 9/25	M 9/19	IN STUDIO Ballet Class
	W 9/21	IN STUDIO Ballet Class Homework: Conditioning / About Part 3 (Classical), Classical Era Quiz DUE
Week 6 9/26 - 10/2	M 9/26	IN STUDIO Ballet Class
	W 9/28	IN STUDIO Ballet Class Homework: Ballet Terminology Study/Practice DUE
Week 7 10/3 - 10/9	M 10/3	IN STUDIO Ballet Class
	W 10/5	IN STUDIO Ballet Class Homework: Ballet Terminology Exam DUE
Week 8 10/10 - 10/16	M 10/10	IN STUDIO Ballet Class: Midterm Movement Exam Review
	W 10/12	IN STUDIO Ballet Class: MIDTERM MOVEMENT EXAM

Week 9 10/17 - 10/23	M 10/17 W 10/19	IN STUDIO Ballet Class IN STUDIO Ballet Class Homework: Watch Midterm - Midterm Self-Assessment DUE
Week 10 10/24- 10/30	M 10/24 W 10/26	Asynchronous Class: MID SEMESTER STOP DAY - VIA ZOOM MEETING - Check ins with each Individual Student about class progress (You will need to sign up for individual time slots.). Asynchronous Assignment: Conditioning / About Ballet Part 4 (Neo-Classical), Ballet Part 5 (Contemporary) Asynchronous Class: MID SEMESTER STOP DAY - VIA ZOOM MEETING - Check ins with each Individual Student about class progress (You will need to sign up for individual time slots.). Asynchronous Assignment: Conditioning / About Ballet Part 5 (Conclusion)
Week 11 10/31 - 11/6	M 10/31 W 11/2	IN STUDIO Ballet Class IN STUDIO Ballet Class Homework: Conditioning / Writing about Dance / Writing Prompts DUE Part 1 (Dance Performance Response Prep Part 1)
Week 12 11/7 - 11/13	M 11/7 W 11/9	IN STUDIO Ballet Class IN STUDIO Ballet Class Homework: Conditioning / Writing about Dance / Writing Prompts DUE Part 2
Week 13 11/14 - 11/20	M 11/14 W 11/16	IN STUDIO Ballet Class IN STUDIO Ballet Class Homework: Dance Performance Response Paper to CANVAS: DUE
Thanksgiving Break 11/21 - 11/26		NO SCHOOL! HAVE A GREAT THANKSGIVING BREAK
Week 14 11/28 - 12/4	M 11/28 W 11/30	IN STUDIO Ballet Class - Final Movement Exam Review IN STUDIO Ballet Class - Final Movement Exam Review
Week 15 12/5 - 12/10	M 12/5 W 12/7	IN STUDIO Ballet Class - Final Movement Exam Review IN STUDIO Ballet Class - FINAL MOVEMENT EXAM
FINALS WK 12/12 - 12/17	W 12/14	FINAL MOVEMENT EXAM Self-Assessment and FINAL EXAM Written PORTION DUE: W 12/14 9:00 am